



Year 10 - Preparing for Next Steps

Tips and advice to help year 10s prepare for next steps after school

Hi Year 10s!

I hope you are staying safe and well!

I know life might feel very uncertain at the moment so I wanted to give you some key information to make sure you are as prepared as possible for your next steps!

Work through the slides, watch the videos relevant to you and make sure you are feeling confident for whatever the future holds!

Take care,

Miranda, Careers Advisor

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What we are going to cover

1. Looking after yourself
2. What are your options for after year 11 (lesson 1)
3. Researching career ideas (lesson 2)
4. Post 16 Choices - vocational vs academic (lesson 3)
5. Post 16 Choices - where can you study (lesson 4)
6. Post 16 Choices - what can you study (lesson 5)
7. Apprenticeships (lesson 6)
8. How to Choose (lesson 7)
9. What's left to do?
10. Remember - this won't be forever!



1. Looking after yourself

1. Your mental Health is the most important thing - have a read of [Unicef's top tips](#).
2. Be kind to yourself. Even small [achievements](#) count! Listen to Lizzo's [advice](#)!
3. Keep working - learning online is different and it can be difficult to stay [motivated](#) but remember the work still counts and your brain and future you, will thank you!
4. Bored? Then watch our [video](#) for suggestions for free online courses and read our Boredom Breakers [handout](#).
5. Get help from Get Career Confident! Keep up to date on [Instagram](#), watch our [videos](#) and book a careers [interview](#) for more help.



2. What are your options for after year 11?

Lesson 1



Some college deadlines for applications are the beginning of December! The autumn term comes around very quickly so you need to start your research now.

Start by watching our video [overview](#) to get an idea of the choices you will need to make.

Now write down any questions (on the next slide) you have so far and any ideas about what you might like to do after year 11. Remember you can ask questions on our chat option at www.getcareerconfident.co.uk. No question is a silly one!

If you feel comfortable, share your ideas with your friends, family and teachers. What do they think?
You can book an appointment with a careers advisor [here](#).



L2. What are your options for after year 11?

Lesson 1



Write here the questions that you may like to ask after watching the video. Record your answers here so you can refer back to them later if you need to. (Think about who you can ask and where you can ask them, check previous slides to help)

3. Post 16 Choices - Researching career ideas

Lesson 2



Some of you may already have ideas about what you want your future to look like and some might not. Now is a really good time to look ahead to the future and research careers. You can then make sure what you do after year 11 keeps open any careers that interest you.

First have a watch of the [top 5 careers](#) young people are interested in and alternatives,

Now use the websites below to explore career ideas, pathways and get informed about the different options available. Are you surprised by anything you discovered?



Research & Exploration

[Get Career Confident Videos](#)

[Careers Quiz](#) (long)

[Careers Quiz](#) (short)

[Careers Quiz](#) (short and visual)

[Job Info](#)

[Specific websites](#)

[Informed Choices](#)

3. Post 16 Choices - Researching career ideas

Lesson 2



What were the top 5 careers people are interested in

Why do you think that is?

Having conducted more research - what career options do you like the sound of?

4. Post 16 Choices - Vocational Vs Academic Lesson 3



One of the most important things you will need to decide is what kind of pathway is best for you.

Which pathways is best for you after year 11 depends on two things: how you like to learn and what aspirations you have for your future.

Watch our [video](#) to get an understanding of what the different options are for VOCATIONAL and ACADEMIC pathways.

Which do you think you would prefer?

If you have a career aspiration in mind do you need to follow a particular path? Have a look at these

[Job Profiles](#) to check!



4. Post 16 Choices - Vocational Vs Academic

Lesson 3



What is a vocational pathway?

What is an academic pathway?

In your own opinion based on your skills - explain which type of pathway would interest you the most. Give at least 2 reasons why.

Is there a particular pathway for the career you would like to pursue?

What do you think you would need to do from now to follow that pathway?

5. Post 16 Choices - Where can you study

Lesson 4



Let's look in more detail at the kinds of places you can study after year 11. Watch this [video](#) introducing the range of places you can study.

To sum up:

School 6th form - attached to a school, usually small and with less choices but smaller classes

6th Form College - 16-19 year olds generally large with lots of students with a range of courses

Further Education College - 16 - 19 year olds and adults, vocational courses, apprenticeships and adult education

Specialist Colleges - With a specific subject focus

Alternative Provision - Small employability courses, pre apprenticeship providers etc

Normally college taster days in the summer term help students get a feel for different institutes.

This year students will have to rely on research from home and open evenings in the autumn term.

5. Post 16 Choices - Where can you study

Lesson 4



In Brighton and the surrounding area we are lucky to have a lot of different places you can study between 16 - 19. It's important to compare and contrast what's on offer, both at places you know of and ones you don't!

Choose 3 of the providers on the next page (colleges and other organisations that offer courses) and spend 5 - 10 minutes looking at each website. Answer the following questions in the table on the next slides:

What are your first impressions - positive or negative? Why?

Does it look like a big or small college?

What do they say about the style of teaching?

How many courses are available - are they ones that interest you?

How easy is it to get to from where you live?

5. Post 16 Choices - Where can you study

Lesson 4



Albion in the Community www.albioninthecommunity.org.uk/qualifications
(Sport)

BACA www.baca-uk.org.uk (BTEC/A Levels - specialises in media, sport & construction)

BRIT www.brit.croydon.sch.uk (performing arts)

BHASVIC www.bhasvic.ac.uk (A Levels and BTECs)

BIMM www.bimm.co.uk/brighton (Music)

Cardinal Newman - Newman College www.cncs.co.uk (A Levels and BTECs)

Crawley College www.crawley.ac.uk (BTECs, apprenticeships & vocational)

DV8 www.dv8sussex.com (Fashion, events, music, games, media vocational)

Greater Brighton Metropolitan College (was City College) www.gbmc.ac.uk
(BTECs, apprenticeships & vocational)

Hove Park Sixth Form www.hovepark.brighton-hove.sch.uk/sixth-form
(A Levels and BTECs)

ICT www.ictheatre.ac.uk (performing arts)

Military Preparation College in Eastbourne www.mpct.co.uk
(vocational)

Northbrook Metropolitan College in Worthing
www.northbrook.ac.uk (BTECs, apprenticeships & vocational)

Plumpton College www.plumpton.ac.uk (Land based)

Seaford Head www.seafordhead.org/sixth-form (A Levels and BTECs)

Shoreham Academy
www.shoreham-academy.org/Sixth-Form/About (A Levels and BTECs)

East Sussex College (was Sussex Downs)
www.sussexdowns.ac.uk (A Levels, BTECs, apprenticeships & vocational)

Varndean College www.varndean.ac.uk (A Levels, BTECs, & vocational)

Worthing College www.worthing.ac.uk (A Levels and BTECs)

5. Post 16 Choices - Where can you study

Lesson 4



	College 1	College 2	College 3
Name			
What are your first impressions - positive or negative? Why?			
Does it look like a big or small college? Does that appeal to you?			
What do they say about the style of teaching?			
How many courses are available? Are they ones that interest you?			
How easy is it to get to from where you live?			

6. Post 16 Choices - What can you study

Lesson 5



The next area we are going to explore is what kind of qualifications and subjects you can study. First have a watch of our [video](#) to help you get an overview of the types of courses.

Look again at the list of colleges on slide 13 but this time focus on the courses on offer. Make sure you click on courses less familiar to you - you never know you might find the perfect course! Remember you can study A Levels and BTECs together!

Also watch this [video](#) and have a look at this [website](#) to see the kinds of apprenticeships on offer.

Answer these questions and then complete the table on the next slide.

Why did you pick this college to look at?

What courses do they offer e.g. just A Levels? Or vocational qualifications at different levels?

What courses most interest you?

What grades do you need to do those courses? Are you on track?

Were there any apprenticeships that interested you?

6. Post 16 Choices - What can you study

Lesson 5 - the top line is an example of how to fill this out. You can also add more rows in depending on what you are wanting to research.



College	Course I am interested in	A – Level, BTEC, Vocational or Other	Level?	Single or Double?	What qualifications do I need?	Date of open evening	Am I going to the open evening?	Questions I will need to ask
BACA	Childcare	BTEC	Level 3	Double	English - 5 Maths - 5 5 GCSE's of equivalent at 9-4	24th November 2020	Yes	How many other courses do I need to take? What are the job prospects of this course? What could I do after college?

6. Want to do an Apprenticeship?

Lesson 6



1. Watch our videos on:
an [overview of apprenticeships](#) as well as the ones
[showcasing some local apprenticeships](#)
(write 'apprenticeship' in the search box).



Apprenticeships

Decided an apprenticeship is not for you? Then carry on to lesson 7 otherwise read on:

2. If you think this is something that might be for you watch our videos on [how to choose an apprenticeship](#) and [how to find one](#)
3. Have a read of this [guide](#). It is very thorough and it will cover everything you need to know as well as show you how to start searching for and applying to apprenticeships.
4. Students may have to start an apprenticeship lower than the qualification they already have (if it is in a completely new area they haven't any experience in).
5. Don't forget YOU MUST apply for a college place as a backup. Apprenticeships are not guaranteed so you need a back up plan. You can always start an apprenticeship instead if you find one!
6. When you start your apprenticeship make sure you get a discount [card](#).

7. Post 16 Choices? - How to decide

Lesson 7



Now you have lots of information you are getting close to being able to make an informed choice for your future. First, have a watch of this [video](#).

If you are struggling to decide it really helps to get your thoughts on paper. For example this is a way of thinking about the pros and cons of doing A Levels:

Try doing this for whatever decision you are finding difficult.

Remember, no decision is ever perfect!

A-Levels	
Pros	Cons
• Ability to study different topics, giving you the choice of career to pursue • Suited towards people who do well under pressure and in exams • Some specific Uni courses require A-Levels	• The amount of work can be overwhelming • You could lose interest in one or more subjects, meaning you'll either have to drop it or begrudgingly carry on • Most likely to be assessed through exams

7. Post 16 Choices? - How to decide Lesson 7



You should hopefully now have some clear ideas about what you would like to do. Write down on the next slide your top choice and a back up choice of where and what to study.

Now answer these questions from the video:



1. Do you have enough information to feel confident your choices are the best ones for you
2. Do you really like the subject/s you are considering
3. Do you have enough ability in the subject (ask teachers for feedback if you are not sure)
4. Do your choices keep open future careers that interest you

Are you able to answer yes to all 4 questions?

Yes! Well done you are ready to make an informed decision about your plans for after year 11. Check with your school careers advisor that there's nothing else you need to consider.

No? Don't worry - decision making can be hard! Make sure you get help from your school careers advisor or contact [Get Career Confident](#).

7. Post 16 Choices? - How to decide

Lesson 7



What is your top choice on where and what to study?

What is your back-up choice?

Why should you have a back-up?

8. Post 16 Choices? - What's left to do?



1. In the autumn term make sure you visit at least two Open evenings to make sure you are happy with the college you are considering.
2. If you are considering an Apprenticeship you still need to apply to college as back up. Apprenticeships are usually advertised in the spring/summer of year 11 for a september start date.
3. Make your application by the deadline.
4. College interviews - watch [this](#)
5. Worried you're not going to get the grades you need? Read [this](#)

You will get more support at school in the autumn term but if you have any questions message us at www.getcareerconfident.co.uk



Remember this won't be forever!

