

We have compiled a list of things you can do over the summer to keep you occupied, stretch your brain and develop your experience. This list will be regularly updated as and when we hear about opportunities so do check back again throughout the summer.

If you are running something over the summer and you'd like it included here, please drop us a line on hello@getcareerconfident.co.uk

Summer Schools & in-person experiences:

University of Brighton

Summer Schools

<https://www.brighton.ac.uk/studying-here/applying-to-brighton/schools-colleges/events/summer-schools/index.aspx>

From 9 July 2024 to 26 July 2024

9am–5pm

Online and in person

The University of Brighton summer schools offer you the chance to try out what it's like studying at university. You will get a chance to explore varied academic sessions – all supported by current students and lecturers at the University of Brighton. Two types of summer school are offered – on-campus residential (staying overnight in halls) and online.

National Citizens Service (NCS)

Designed specially for 16 and 17 year olds, the NCS experience will give you a clearer idea of what you want from your future. With programmes all over the country, visit the [website](#) to check what is on offer near you.

UniTasterDays Summer School finder

UniTasterDays.com has a searchable list of Summer School events happening in 2024. Visit their [website](#) to check out what is on offer.

University open days (virtual and in-person)

<https://www.opendays.com/>

Careers events and roadshows

Apprenticeship Roadshow, East Sussex

<https://www.careerseastsussex.co.uk/information/young-people/apprenticeships/roadshow2024>

Tuesday 25th June, 4:30 – 6:30pm

White Rock Theatre, Hastings, TN34 1JX

Thursday 11th July, 4:30 – 6:30pm

Welcome Building, Eastbourne, BN21 4JN

At each event you will:

- Meet employers with live apprenticeship vacancies in your area.
- Meet training providers who can help match you with the perfect placement.
- Hear from employers, training providers and apprentices.
- Speak to advisors about what pathway is right for you.
- Speak to apprentices about what it is really like and their experiences.

Summer Reading Challenge 2024 - Brighton & Hove Libraries Young Volunteer (aged 13-19 years)

From June to September Brighton & Hove Libraries run the Summer Reading Challenge across all libraries in Brighton & Hove. They are looking for young people to help run the Challenge and support children to take part. This volunteering opportunity is open to young people aged 13-19 only and they have multiple opportunities available.

Find out more and register your interest here:

<https://www.volunteer.communityworks.org.uk/opportunities/summer-reading-challenge-2021-young-person-library-volunteer-bhcc-3482?o=2>

Virtual Work Experience

Virtual Work Experience

There are lots of virtual work experience opportunities and many that do not have set dates. Check them out [here](#).

Things you can do independently:

Role Models

Interactive workbooks and films made by university & college students for younger learners. Using their knowledge and experience, the students share things they wished they'd known when they were younger. Workbook topics include: Body Image, Fake News, Worry, Climate, Wellbeing and more...

<https://www.sussexlearningnetwork.org.uk/projects/rm/56>

Crafty Annies A series of packs with art-based activities that build to help you create a graphic journal all about you and the people around you.

<https://www.sussexlearningnetwork.org.uk/projects/craftyannies/79>

Towner Eastbourne

Art Alchemist - 8 engaging and eye-catching activity sheets free to download and work through at your leisure.

https://www.sussexlearningnetwork.org.uk/projects/T_E_resources/56

Talk to uni students - UCAS unibuddy

Find out more about the universities you're interested in by speaking to students who currently study there.

<https://www.ucas.com/explore/search/unibuddy?query=>

Local useful listings

East Sussex

East Sussex Community Information service includes events over the summer for young people, adults and families

<https://www.escis.org.uk>

West Sussex

West Sussex council activities for young people in the summer for the local SEND community

https://westsussex.local-offer.org/search_events