

WHAT TO EXPECT AT YOUR CAREERS INTERVIEW

WHAT IS A CAREERS INTERVIEW?

A careers interview is an opportunity to meet with a careers advisor who will help you to make plans for your future. Careers interviews usually happen before you have to make important decisions such as GCSE choices and what to do after you leave school or college. A careers advisor is independent from your school or college. This means you can be completely honest about your feelings and ideas about your future.

WHAT CAN YOU EXPECT AT YOUR CAREERS INTERVIEW?

A careers interview is all about you and your future! Expect to be asked questions but don't worry there are no wrong answers! The advisor will just need to know a bit about you so they can provide guidance. They will want to know how things are going at school or college and your life outside, if you have thoughts about your next steps and if you feel you have the knowledge you need to make informed decisions. They will give you information and will help you think carefully about what is right for you.

HOW CAN YOU PREPARE FOR A CAREERS INTERVIEW?

To make sure you get the most out of your interview try and do some research beforehand.

General careers research: www.getcareerconfident.co.uk www.icould.com www.prospects.ac.uk
<https://nationalcareers.service.gov.uk/explore-careers>

Careers Quizzes www.careerpilot.org.uk/information/buzz-quiz www.icanbea.org.uk/app/game/interests/

Choosing GCSEs? Make sure you have looked at your school options booklet and see where your options can head here: www.myworldofwork.co.uk/tools-and-quizzes/option-choices/select/

Finishing GCSEs? Check college prospectuses, our directory of courses in Sussex in www.getcareerconfident.co.uk/what-next-sussex/what-next-sussex-directory and www.apprenticeships.org.uk

Finishing college? Check www.ucas.com and www.apprenticeships.org.uk

Got a question? Email miranda@elev8careers.org.uk

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